

**Title of
graduation
thesis**

- Counseling:

The graduate is able to provide expert counseling on health, nutrition, and healthy lifestyles.

- Individual Program Development:

The graduate is able to develop and conduct individualized programs to improve and/or promote health and lifestyle changes for clients in reliance on evidence-based practices of lifestyle medicine, disease prevention of body systems.

- Entrepreneurial competencies to start and run their own business in the field of health and nutrition:

The graduate is capable of establishing a successful practice: opening his own private practice or working in respectable clinics, fitness clubs, and other facilities independently and also as a member of a team of other health professionals.

Abstract description of the acquired competencies

- Counseling:

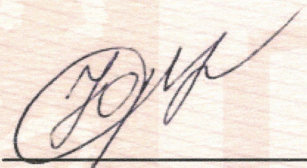
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**Program Director/Executive coach
Yuliana Konoshenko**

04.08.2025



Dean of the Faculty



Chancellor